

I AM ASCA

KINEA EPPS

Senior Administrator,
Counseling & Student Services
Wake County Public School System, N.C.

WHY ARE YOU A MEMBER OF ASCA?

This membership has been so important in helping me stay abreast of school counseling trends, connecting with other school counselors and learning how to sharpen my advocacy and leadership skills.

WHAT WORDS DO YOU LIVE BY? Stay humble and hustle hard

WHAT MAKES YOU UNIQUE AS A SCHOOL COUNSELOR?

My background as a reporter helps me bring a unique perspective to my career as a school counselor. It helped me become a better listener and know the right questions to ask. It also cemented for me the belief that everyone has a story, and that story is worth hearing.

FAST FACTS > WHAT'S YOUR FAVORITE SONG? YOU REMIND ME BY MARY J. BLIGE > WHAT'S YOUR COFFEE ORDER? HAZELNUT LATTE > WHAT'S YOUR GUILTY PLEASURE? POTATO CHIPS AND RETAIL THERAPY > WHAT SUPERPOWER DO YOU WISH YOU HAD? INVISIBILITY > WHAT IS ONE THING YOU'RE REALLY GOOD AT? MAKING PEOPLE LAUGH > WHAT'S SOMETHING YOU THINK MOST PEOPLE DON'T KNOW ABOUT YOU? I LOVE WATER SPORTS

READ MORE ABOUT KINEA

WWW.SCHOOLCOUNSELOR.ORG/IAMASCA

WHAT WOULD YOU BE DOING IF YOU WEREN'T A SCHOOL COUNSELOR?

Designing planners and operating an office supply store with my sister

WHAT DO YOU DO WHEN YOU NEED INSPIRATION TO TACKLE ANOTHER DAY WORKING ON BEHALF OF YOUR STUDENTS?

I keep a box of notes from former students, teachers and parents. When I need inspiration, I pull out the box and spend some time re-reading the notes. It's my reminder that even when I can't always see it in the moment, change is happening.

HOW DO YOU DECOMPRESS/ELIMINATE STRESS/ REFUEL FOR THE NEXT DAY?

On my drive home, I turn up the radio and belt out some tunes. I also have a great support system, and I can either talk out the issue or have a good laugh.