



# ASCA Student Standards Crosswalk with the CASEL Framework 5

Mindsets	CASEL
M 1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being	Self-awareness
M 2. Sense of acceptance, respect, support and inclusion for all students in the school environment	Self-awareness
M 3. Positive attitude towards work and learning	Self-awareness
M 4. Self-confidence in ability to succeed	Self-awareness
M 5. Belief in abilities to the fullest to achieve high-quality results and outcomes	Self-awareness
M 6. Understanding that postsecondary education and life-long learning are necessary for long-term success	Self-awareness

Learning Strategies	CASEL
B-LS 1. Critical thinking skills to make informed decisions	Responsible decision-making
B-LS 2. Creative approach to learning, tasks and problem solving	Responsible decision-making
B-LS 3. Time management, organizational and study skills	Self-management
B-LS 4. Self-motivation and self-direction to learning	Self-management
B-LS 5. Media and technology skills to enhance learning	Self-management
B-LS 6. High standards of quality for tasks and activities	Self-management
B-LS 7. Long- and short-term academic, career and social/emotional goals	Self-management
B-LS 8. Engagement in challenging coursework	Responsible decision-making
B-LS 9. Decision-making informed by gathering evidence, getting others' perspectives and recognizing personal bias	Responsible decision-making
B-LS 10. Participation in enrichment and extracurricular activities	Self-management

<b>Self-Management Skills</b>	<b>CASEL</b>
B-SMS 1. Responsibility for self and actions	Self-management
B-SMS 2. Self-discipline and self-control	Self-management
B-SMS 3. Independent work	Self-management
B-SMS 4. Delayed gratification for long-term rewards	Self-management
B-SMS 5. Perseverance to achieve long- and short-term goals	Self-management
B-SMS 6. Ability to identify and overcome barriers	Self-management
B-SMS 7. Effective coping skills	Self-management
B-SMS 8. Balance of school, home and community activities	Self-management
B-SMS 9. Personal safety skills	Self-management
B-SMS 10. Ability to manage transitions and adapt to change	Self-management

<b>Social Skills</b>	<b>CASEL</b>
B-SS 1. Effective oral and written communication skills and listening skills	Relationship skills
B-SS 2. Positive, respectful and supportive relationships with students who are similar to and different from them	Relationship skills
B-SS 3. Positive relationships with adults to support success	Relationship skills
B-SS 4. Empathy	Social awareness
B-SS 5. Demonstrate ethical decision making and social responsibility	Responsible decision-making
B-SS 6. Effective collaboration and cooperation skills	Relationship skills
B-SS 7. Leadership and teamwork skills to work effectively in diverse groups	Relationship skills
B-SS 8. Advocacy skills for self and others and ability to assert self, when necessary	Relationship skills
B-SS 9. Social maturity and behaviors appropriate to the situation and environment	Social awareness
B-SS 10. Cultural awareness, sensitivity and responsiveness	Relationship skills