



Bullying Prevention Specialist Training

LOCATION: Online, Self-paced

COURSE DESCRIPTION:

School counselors recognize the need for all students to attend school in a safe, orderly and caring environment. To promote this type of environment, comprehensive school counseling programs should include anti-bullying/harassment and violence-prevention programs along with comprehensive conflict- resolution programs to foster a positive school climate. Prevention programs increase the opportunity for improved academic achievement, appropriate behavior, positive relationships, successful resolution of conflicts, safe school climate and increased attendance. Participating in prevention activities empowers and encourages students to take responsibility for their behavior and for the climate of their school and community.

School counselors play a critical role in the development of policies supporting a safe school environment, and they provide leadership to the school by assisting in the design and implementation of schoolwide anti-bullying/harassment, violence prevention and conflict-resolution activities and programs. Learn how to create a comprehensive bullying prevention program in your school that promotes a safe and positive learning environment for your students.

LEARNING OBJECTIVES:

After completing this course, you should be able to:

- Explain the need for all students to attend safe, orderly and caring schools
- Define and recognize bullying and describe its various forms, including the key differences between rudeness, mean behavior and bullying in schools
- Describe best practices in bullying prevention and response
- Include effective bullying prevention programs as a part of the comprehensive school counseling program
- Recognize differentiated interventions are needed for bullying and resolving a conflict
- Strategize how to collaborate with teachers, administrators, parents/guardians and the community to deliver prevention programs that encourage student growth and achievement and ensure a safe school climate

| Required Course Assignments: | Hours: |
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| Book: "ASCA National Model: A Framework for School Counseling Programs, (third edition) (pass knowledge assessment with 100%) | 7 |

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| Book: "Bullying and Cyberbullying: What Every Educator Needs to Know" (pass knowledge assessment with 100%) | 17 |
| Book: Bullying Today: Bullet Points and Best Practices (pass knowledge assessment with 100%) | 14 |
| ASCA Standards: ASCA Ethical Standards for School Counselors (pass knowledge assessment with 100%) | 0.5 |
| ASCA Position Statement: The School Counselor and the Promotion of Safe Schools through Conflict Resolution and Bullying/Harassment Prevention (pass knowledge assessment with 100%) | 0.25 |
| <i>Professional School Counseling</i> Journal article: Evaluation of a Brief, School-Based Bullying Bystander Intervention for Elementary School Students , Vol. 20, No. 1 (2016-2017) (pass knowledge assessment with 100%) | 1 |
| <i>Professional School Counseling</i> Journal article: School-Based Mental Health Professionals' Bullying Assessment Practices: A Call for Evidence-Based Bullying Assessment Guidelines (pass knowledge assessment with 100%) | 1 |
| <i>Professional School Counseling</i> Journal article: Children's Tendency to Defend Victims of School Bullying (pass knowledge assessment with 100%) | 1 |
| <i>Professional School Counseling</i> Journal article: Preventing and Responding to Bullying: An Elementary School's 4-Year Journey (pass knowledge assessment with 100%) | 1 |
| <i>Professional School Counseling</i> Journal article: School Counselor Use of Peer Nominations to Identify Victims of Bullying (pass knowledge assessment with 100%) | 1 |
| <i>Professional School Counseling</i> Journal article: Ethnic Identity and Subjective Well-Being of Bully Participants , (pass knowledge assessment with 100%) | 1 |
| <i>Professional School Counseling</i> Journal article: Effectiveness of an Afterschool-Based Aggression Management Program for Elementary Students (pass knowledge assessment with 100%) | 1 |
| <i>ASCA School Counselor Magazine</i> article (May/June 2015): Mean Girls and Rough Boys (pass knowledge assessment with 100%) | 1 |
| ASCA Webinar: Rude, Mean or Bullying? (pass knowledge assessment with 100%) | 1 |
| ASCA Webinar: Bullying Prevention: Move From Awareness to Action (pass knowledge assessment with 100%) | 1 |
| ASCA Webinar: Schoolwide Bully Prevention (pass knowledge assessment with 100%) | 1 |
| Podcast: TED Talk: To this day...for the bullied and beautiful | 0.15 |
| Podcast: TED Talk: When online shaming goes too far | 0.15 |
| Podcast: TED Talk: How I turn negative online comments into positive offline conversations | 0.15 |
| Total: | 50 |

ASCA SCHOOL COUNSELOR PROFESSIONAL STANDARDS & COMPETENCIES:

M2; M5; B-PF 1; B-PF 5; B-SS 1; B-SS 2; B-SS 3; B-SS 6

ASCA STANDARDS FOR SCHOOL COUNSELOR PREPARATION PROGRAMS (ASCA CAEP SPA)

2.1; 2.2; 2.3; 3.1; 3.2; 4.1; 4.2; 4.3

CACREP STANDARDS

G 1.e; G 2.f; G 3.h; G 3.k; G 3.l

COURSE INSTRUCTIONS:

- Complete the course by reviewing the required course assignments and passing corresponding exams with a 100%.
- To access your exams which include the course materials, login to your MyASCA account and click on My Profile. From your My Profile page, click on the “Purchases” tab at the top, then click on “Exams” on the left. Your course exams and affiliated course materials will be listed in the center of your screen. Click on “Details” to access the related course materials and/or to take your exam. Course materials can be found under the Documents section. When you're ready, click on the green “Take Quiz” button to begin taking and passing your exam.
- Once you successfully pass all exams with a 100% you can view and download a record of your education credits (CEUs) by going to your “Account” tab at the top of your profile and clicking on the “Education Credits” on the left.
- You have one year following registration to complete your specialist course. If you have questions, please contact asca@schoolcounselor.org for assistance.

*Please note, published books must be purchased separately