

I AM ASCA

ERIN O'MALLEY

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WHY ARE YOU AN ASCA MEMBER AS A PRINCIPAL? I've been an ASCA member for many years and joined for professional growth and knowledge when I was a school counselor. Now that I'm a principal, I remain an ASCA member because I continue to access professional development and stay current with trends, for myself and for my school counselors. Additionally, I grow in my understanding and support of school counselors, students, teachers and parents/guardians. ASCA has something for all educators.

WHAT INSPIRES YOU ABOUT BEING A PRINCIPAL? I've been a teacher, school counselor and school counseling director and am now a principal. One thing has never changed in my years as an educator: the importance of relationships. For me, knowing and understanding the needs of the people in my school community goes a long way. Building relationships also builds trust, and it helps when people trust the leadership of their school.

WHAT WOULD YOU BE DOING IF YOU WEREN'T AN EDUCATOR? At this time in my life I am thrilled - and blessed - to be an educational leader and don't see myself doing anything else. However, I would like to eventually teach at the university level, just like my father. And I love to write and hope to write some children's books one day.

WHAT BRINGS YOU JOY? My family. They are my greatest joy, my greatest gift, my biggest support and my greatest accomplishment.

WHAT DO YOU DO TO DECOMPRESS/ELIMINATE STRESS/REFUEL FOR THE NEXT DAY? I love to work out, and I do a lot of self-talk and visualization to get me up out of bed and to the gym, but once I go, I feel great. It also helps that I have a network of friends who support and inspire one another to stay focused on our health.

WHAT WORDS DO YOU LIVE BY?
The Golden Rule: Do unto others...

FAST FACTS > WHAT'S YOUR FAVORITE DESSERT?

ANY DESSERT MY MOM MAKES, WITH A CUP OF TEA >

WHAT'S YOUR GUILTY PLEASURE? BINGING ON NETFLIX,

SPECIFICALLY, PERIOD DRAMAS OR HISTORICAL

DOCUMENTARIES > **WHAT SUPERPOWER DO YOU WISH YOU**

HAD? FLYING WOULD BE SO FUN > **WHAT COULD YOU TALK**

ABOUT FOR 30 MINUTES WITH NO NOTES? > MY FAMILY AND

FAITH, VIRTUES, HEALTHY MINDSETS, RESILIENCE AND

SCRANTON, PA > **DO YOU HAVE ANY HIDDEN TALENTS?**

I CAN DO A PRETTY GOOD CARTWHEEL > **WHAT'S YOUR**

FAVORITE SMELL AND WHY? ROSE AND LAVENDER

READ MORE ABOUT ERIN

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