

I AM ASCA

HEIDI A. TRUAX, PH.D.

Executive Director, Office of School Counseling and Postsecondary Advisement
Chicago Public Schools

WHAT DOES IT MEAN TO YOU TO BE A MEMBER OF ASCA? Leading supports, programming, initiatives and professional development for the 750-plus school counselors districtwide would never have been possible for me without the opportunities and experiences that being an ASCA member afforded me.

WHAT DO YOU DO TO DECOMPRESS/REFUEL FOR THE NEXT DAY? Sing at the top of my lungs, preferably in a moving vehicle.

WHAT INSPIRES YOU ABOUT BEING A SCHOOL COUNSELOR? The students. The transparency, resilience, vulnerability and hope young people allow us to bear witness to endlessly inspires me.

WHAT WORDS DO YOU LIVE BY? Follow your heart to lead the way.

WHAT MAKES YOU UNIQUE AS A SCHOOL COUNSELOR? I am a white, cisgender, queer, big-bodied, feminist, foster-mom. My privilege has afforded me every opportunity to advocate my rear-end off for young people and the school counseling profession. I don't believe that's all that unique, but I also know that having others before me claim their identity and contributions empowered me, so I hope to do the same.

FAST FACTS > WHAT'S YOUR FAVORITE SONG? DRUMMING SONG BY FLORENCE + THE MACHINE
> WHAT'S YOUR COFFEE ORDER? QUAD SHOT AMERICANO BLACK
> WHAT'S YOUR GUILTY PLEASURE? NOTHING GUILTY ABOUT PLEASURE
> WHAT SUPERPOWER DO YOU WISH YOU HAD? TELEPORTATION
> WHAT IS ONE THING YOU'RE REALLY GOOD AT? PUBLIC SPEAKING
> WHAT'S SOMETHING YOU THINK MOST PEOPLE DON'T KNOW ABOUT YOU? I'M AN INTROVERT

READ MORE ABOUT HEIDI
WWW.SCHOOLCOUNSELOR.ORG/IAMASCA

