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[A Transcendental Phenomenology of school counselors' lived experiences transforming remote counseling services during the COVID 19 Pandemic](#)

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PURPOSE OF THE STUDY To explore school counselors' experiences during the COVID-19 pandemic migrating counseling services online. Researchers interviewed 14 school counselors with a focus on the use of technology and transformative practices.

HOW THE RESEARCH ADVANCES THE PROFESSION The research provides insight into school counselors' experience during the COVID-19 pandemic and how they migrated counseling services during this time. The findings of the study included five themes: 1) changes in school counseling services using technology, 2) reaching families for equity, 3) changes in relationship with stakeholders, 4) counselors' adjustment to grief, loss and role confusion, and (5) positive outcomes for the future. The essence of the lived experience and implications for school counselors are also discussed.

GUIDANCE FOR SCHOOL COUNSELORS IN PRACTICE The manuscript provides suggestions for implementing technology into their comprehensive school counseling program, especially during a worldwide disaster. Examples of resources used by school counselors are included, along with best practices.