



## Trauma and Crisis Management Specialist Training

**LOCATION:** Online, Self-paced

### **COURSE DESCRIPTION:**

Forty-six million children witness violence, crime, physical and psychological abuse every year in the United States. A study from the National Child Traumatic Stress Network found that one out of every four children attending school has been exposed to a traumatic event that can affect learning and/or behavior. While the exact statistics vary for a variety of reasons, the commonality of all studies reveal trauma is something many U.S. children face. With such startling statistics, it's likely there are students in your school who've been exposed to some sort of trauma in their lifetime. This trauma can be detrimental to your students' academic achievement, social/emotional development and postsecondary readiness.

Entire schools can also experience traumatic experiences, such as natural disasters, the loss of a student or facility member or a school shooting, and school counselors play an important role in developing and leading the crisis response team after a traumatic event unfolds. Learn how you can best support individual students living with and experiencing trauma and how you can be an instrumental leader in creating and/or maintaining a safe, supportive, trauma-sensitive school.

### **LEARNING OBJECTIVES:**

After completing this course, you should be able to:

- Explain in detail the prevalence and impact of trauma on students' academic achievement, college and career readiness and social/emotional development.
- Identify different types of trauma students may experience
- Explain the role of schools in the lives of traumatized children
- Define and list the core attributes of a trauma-sensitive school
- List key tasks to complete in the wake of a crisis
- Discuss scenarios to understand the depth of response and what schools need in the recovery phase of a traumatic event
- Identify different ways to advocate for a trauma-sensitive schools.
- Locate valuable resources to aid students coping with trauma

<b>Required Course Assignments:</b>	<b>Hours:</b>
E-book: " <b>Helping Traumatized Children Learn: A Report and Policy Agenda (Vol. 1)</b> " and pass knowledge assessment with 100%	9

E-book: " <b>Helping Traumatized Children Learn: Creating and Advocating for Trauma-Sensitive Schools (Vol. 2)</b> " and pass knowledge assessment with 100%	9
Book: " <b>ASCA School Counselor Resource Series: Fostering Resilience &amp; Strength</b> " (implement)	3
Website: <b>Centers for Disease Control and Prevention/Adverse Childhood Experiences</b> (pass knowledge assessment with 100%)	0.5
Website: <b>National Child Traumatic Resource Network – Types of Traumatic Stress</b> (pass knowledge assessment with 100%)	1.5
Resource: <b>Child Trauma Toolkit for Educators</b> (pass knowledge assessment with 100%)	1.5
Resource: <a href="#">Safe, Healthy and Ready to Learn</a> (Futures Without Violence)	2.5
ASCA Position Statement: <b>The School Counselor and Trauma-Informed Practice</b> (pass knowledge assessment with 100%)	1
ASCA Position Statement: <b>The School Counselor and Child Abuse and Neglect Prevention</b> (pass knowledge assessment with 100%)	1
<i>Professional School Counseling</i> Journal article: <b>Factors Influencing School Counselors' Suspecting and Reporting of Childhood Physical Abuse: Investigating Child, Parent, School, and Abuse Characteristics</b> (pass knowledge assessment with 100%)	1.25
<i>ASCA School Counselor Magazine</i> article: <b>Common Crisis</b> (pass knowledge assessment with 100%)	1.25
<i>ASCA School Counselor Magazine</i> article: <b>School Counselor Questioned by Student's Parents After Child Abuse Report</b> (pass knowledge assessment with 100%)	1.25
<i>ASCA School Counselor Magazine</i> article: <b>Childhood Observers of Domestic Violence</b> (pass knowledge assessment with 100%)	1.25
<i>ASCA School Counselor Magazine</i> article: <b>Educate to Prevent Child Abuse</b> (pass knowledge assessment with 100%)	1.25
<i>ASCA School Counselor Magazine</i> article: <b>Virginia Tech – The Aftermath of a Tragedy</b> ( <a href="#">view article</a> )	1.25
<i>ASCA School Counselor Magazine</i> article: <b>Transforming Schools With Trauma-Informed Care</b>	1.25
<i>ASCA School Counselor Magazine</i> article: <b>A Districtwide Effort</b> (pass knowledge assessment with 100%)	1.25
<i>ASCA School Counselor Magazine</i> article: <b>Student Victims of Trauma and the Laws Protecting Them</b> (pass knowledge assessment with 100%)	1.25
<i>ASCA School Counselor Magazine</i> article: <b>Re-engage At-Risk Girls</b> (pass knowledge assessment with 100%)	1.25
<i>ASCA School Counselor Magazine</i> article: <b>Immigrant Aid</b> (pass knowledge assessment with 100%)	1.5
ASCA Webinar: <b>Effective Crisis/Trauma Response</b> (pass knowledge assessment with 100%)	1.25
ASCA Webinar: <b>Trauma-Informed Care</b> (pass knowledge assessment with 100%)	1.25
ASCA Webinar: <b>Building Resiliency: A Nonthematic Small-Group Approach</b> (pass knowledge assessment with 100%)	1.25
Resource: <b>Death and School Crisis</b> (pass knowledge assessment with 100%)	0.5
Podcast: <b>This American Life – Episodes 487 &amp; 488: Harper High School, Part 1 and Part 2</b> (pass knowledge assessment with 100%)	2.5
Podcast: <b>TedTalk - How Childhood Trauma Affects Health Across a Lifetime</b> (pass knowledge assessment with 100%)	1
<b>Total:</b>	<b>50</b>

**ASCA SCHOOL COUNSELOR PROFESSIONAL STANDARDS & COMPETENCIES:**

M 6; B-PF 1; B-PF 2; B-PF 5; B-PF 7; B-SS4

**ASCA STANDARDS FOR SCHOOL COUNSELOR PREPARATION PROGRAMS (ASCA CAEP SPA)**

1.3; 2.1; 4.2; 4.3; 6.1; 6.2

**CACREP STANDARDS**

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**COURSE INSTRUCTIONS:**

- Complete the course by reviewing the required course assignments and passing corresponding exams with a 100%.
- To access your exams which include the course materials, login to your MyASCA account and click on My Profile. From your My Profile page, click on the “Purchases” tab at the top, then click on “Exams” on the left. Your course exams and affiliated course materials will be listed in the center of your screen. Click on “Details” to access the related course materials and/or to take your exam. Course materials can be found under the Documents section. When you're ready, click on the green “Take Quiz” button to begin taking and passing your exam.
- Once you successfully pass all exams with a 100% you can view and download a record of your education credits (CEUs) by going to your “Account” tab at the top of your profile and clicking on the “Education Credits” on the left.
- You have one year following registration to complete your specialist course. If you have questions, please contact [asca@schoolcounselor.org](mailto:asca@schoolcounselor.org) for assistance.

\*Please note, published books must be purchased separately